



Dear walking enthusiast:

Thank you for participating in this brand new, free, independent walking program. Attached in this packet is your guide to how to get started. There are many options for trails and landmarks within our great Metro Park system.

Make sure to get your cameras dusted off. Take awesome pictures, and post them on our Facebook page. We are very excited to see the beautiful and creative pictures you can post to the page. Make sure to use the tag line #TrekWars.

The City is still finalizing its prize center. When it is up and running we will send that out and post to our website. Don't let that stop you from starting our program, all your miles will add up.

As always, if there are ever any questions, take the time and call me or email me. If I am not out on a trail, I will get back to you as soon as I can.

Thanks again for stepping out and getting fit. I hope to see all of you as expert trail walkers at the end of the program. Remember, this doesn't have to stop when the weather gets bad.

Bundle up and venture out, or join the Wildcat Sport & Fitness to walk the track.

See you out there!

Nick

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