



We Fit Together

The **Healthy Communities Initiative** is a collaborative effort between Cleveland Clinic and community partners to promote optimal health and wellness. Based on the community health needs assessment and utilizing combined resources within our local communities, Healthy Communities Initiative programs will be customized around three core areas: education, nutrition and physical activity.

Join us for an evening of fun, with activities for the entire family!

WHAT: This **FREE** community event includes health screenings, cooking demonstrations, healthy food samplings, fitness demonstrations, kid-friendly activities and more! Meet your city and school leaders and get to know local fire, police and EMS personnel and see their vehicles.

WHERE: Mayfield High School Wildcat Stadium
6116 Wilson Mills Rd, Mayfield Village, OH 44143

WHEN: Wednesday, September 14th, 2016

TIME:

- 6:00 pm:** Welcome, national anthem, and introduction of student athletes
- 6:15 pm:** Punt, Pass & Kick event
- 6:15-8 pm:** Fitness activities and health screenings

For additional information call Marybeth Mack: 440.312.4784.

